

Volunteer Group Supporter



Kent Groups Projects

Do you have experience of mental health provision and/ or Autism and some time to take up an exciting volunteering role with Advocacy for All, a well-established advocacy charity?

We are looking for volunteers to work with us on our Crisis Alternatives Project and our general Kent groups projects to enable individuals to have **bigger voices** and **better lives** and support them to stay well and out of mainstream mental health services.

We will be offering a range of support including:

- Weekend and evening groups/special interest groups/drop in's/wellbeing sessions, walking / music / quiz groups
- Calls and virtual support in a range of bespoke ways to signpost individuals to appropriate alternative services or enable them to take up this project's services
- We will be working with peer supporters who are individuals with lived experience of mental health and autism.

We have a venue base in **Faversham, Kent** and will offer support **across Kent** and **Medway**. Delivery of support is a mixture of **face-to-face** contact and **virtual** zoom groups. We also run community based groups and meet ups.

We are looking for:

- Individuals who can offer a minimum of **2 hours a month**
- Motivated, innovative individuals with creative ideas for ways to support people when they feel they may be in crisis and need support to stay well
- Someone who can organise their own time when required and use own initiative
- Someone who can support the team in the project delivery as best they can and use their skills and interests during their time volunteering with the project
- Willingness to enable individuals to seek self-coping strategies when they feel they are in crisis and work to limit the need for further main steam mental health services

Cont.

In return Advocacy for All offers:

- Induction into the organisation and a chance to see the wider range of advocacy support that AfA is engaged in
- Gaining experience in autism and mental health support when individuals need it most
- A chance to see your great ideas and motivations take shape to support individuals to support themselves to stay well
- Benefit from a range of training that AfA offers, including safeguarding, first aid, autism, being a peer supporter and more
- Expenses will be paid whilst on the project

Interviews will be held as ongoing applications are received and a clear enhanced DBS and 2 references will be required if successful after interview

If you would like to apply or have any questions about this role please email volunteering1@advocacyforall.org.uk for an application form

