

An Advocate is an independent adult who will help a young person to have their opinions and views heard by people who make decisions about them, and ensure that these are taken seriously. An Advocate will also help a young person understand their rights.

Volunteer Centre Sutton provides an independent Advocacy service for looked after children, care leavers, and children on a child protection plan. Referrals must be for these young people only.

Young people can refer themselves for an advocate, or young people can be referred by family members or professionals. All young people referred for Advocacy must be aged 8 and over.

Advocacy is:

- Led by young people
- A confidential service
- Supporting young people to have their voice heard at conferences or meetings where decisions are made about them
- Enabling young people to work towards solutions to issues

Advocacy is not:

- Young people having no responsibility
- An attitude of 'Us against Them'



How do I get involved?



If you are a young person... 2

If you are a parent or carer... 3

If you are a professional...

Your first port of call is to contact Volunteer Centre Sutton: advocacy@vcsutton.org.uk or 020 8661 5900 and ask for the Advocacy Team

We will talk
to you about
what support
you are looking
for and arrange
to meet you for
a confidential
meeting

We will contact you for some further details about your young person and what support they require, before arranging to meet them

You will
be sent a
referral form
to complete,
and we will
then arrange
to meet the
young person

31 West Street, Sutton, SM1 1SJ

T: 020 8661 5900 E: advocacy@vcsutton.org.uk

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www.vcsutton.org.uk

